

## INTERNATIONAL CONFERENCE

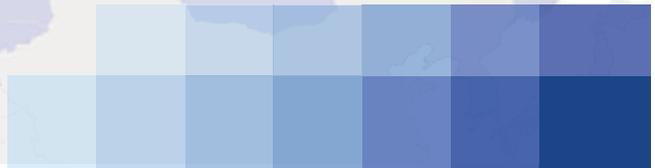
# Sexuality Education: Lessons Learned and Future Developments in the WHO European Region

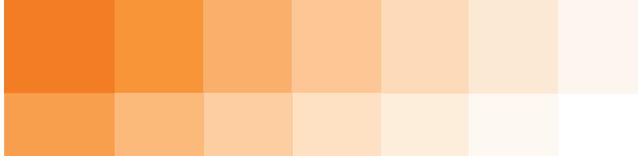
## »» PROGRAMME

15 –16 May 2017  
Humboldt Carré, Berlin, Germany

Hosted by the Federal Centre for Health Education (BZgA)  
WHO Collaborating Centre for Sexual and Reproductive Health

Co-sponsored by





## Background to the conference

Sexuality education is an effective life-course intervention that increases the health and well-being of children and young people. It can enable them to expand their knowledge of sexual and reproductive health and rights and develop communication, decision-making and risk-reduction skills as well as positive and responsible attitudes to sexuality and relationships.

The extent of implementation of sexuality education differs greatly in the WHO European Region, which includes Central Asia. Differences among Member States exist for instance in respect to the legal anchoring, kind of provider, type of inclusion in school curricula, extent of coverage and topics included in sexuality education.

Since the publication of the *Standards for Sexuality Education in Europe* in 2010, new programmes and approaches have been implemented in the European Region and existing programmes have been evaluated. At the same time, societal norms and values have, in some countries, led to calls to reduce sexuality education programmes. Meanwhile, technical and social developments continue to have great implications for sexuality education, such as the spread of online media.

The *International Conference on Sexuality Education* has been prepared in line with the recently adopted *Action plan for Sexual and Reproductive Health: towards achieving the 2030 Agenda for Sustainable Development in Europe* – leaving no one behind. The action plan calls particularly for establishing and strengthening formal and informal evidence-informed comprehensive sexuality education in the WHO European Region.

### About the organizing institution: The Federal Centre for Health Education (BZgA) in Germany

The Federal Centre for Health Education (BZgA) is a governmental organization working in the portfolio of the Federal Ministry of Health. Additionally, its department for sexuality education and family planning is technically supervised by the Federal Ministry for Family Affairs, Senior Citizens, Women and Youth. At national level, BZgA and the authorities of the 16 federal states are by law assigned to implement sexuality education in close cooperation with all family counselling institutions and other relevant organizations in this field (Act on Conflicts during Pregnancy).

As WHO Collaborating Centre for Sexual and Reproductive Health and Implementing Partner of the UNFPA Regional Office for Eastern Europe and Central Asia, BZgA promotes sexuality education at international level and aims to foster its implementation and improve its quality throughout the WHO European Region.

The jointly developed *Standards for Sexuality Education in Europe* (2010) are based upon a holistic, rights-based and age- and development-appropriate approach to sexuality education.

## Aims of the conference

The overall aim of the International Conference *Sexuality Education: Lessons Learned and Future Developments in the WHO European Region* is to promote sexuality education as an integral part of health promotion and as a crucial element in supporting the healthy development of children and young people.

The conference will be a platform for the facilitation of:

- Scientific and technical exchange on latest research results and examples of good practice in the field of sexuality education

- Networking opportunities among international experts working in the field of sexuality education

Specific objectives of the conference are to:

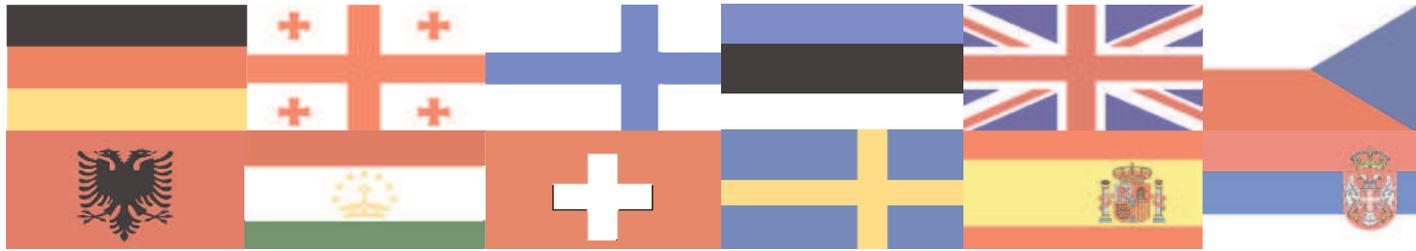
- Provide an overview on trends and the current state of sexuality education in the WHO European Region
- Identify current challenges related to the implementation and improvement of sexuality education as well as future strategies and approaches to address them

## Target groups of the conference

BZgA welcomes 150 experts in the field of sexual and reproductive health and sexuality education throughout the WHO European Region and targets in particular:

- Representatives of Ministries (Health, Youth, Education) and other governmental organizations working in related areas
- Representatives of international (e.g. the International Planned Parenthood Federation - IPPF) and national non-governmental-organizations, including education associations

- Researchers
- Representatives of international and intranational organizations, such as Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ), United Nations Educational, Scientific and Cultural Organization (UNESCO), United Nations Population Fund (UNFPA), World Health Organization (WHO) and others



DAY 1

# Monday, 15 May 2017

## LESSONS LEARNED

THE CONFERENCE WILL BE FACILITATED BY

Birgit Dederichs-Bain, Germany/Ireland

09:00 – 10:00

REGISTRATION OF PARTICIPANTS AND WELCOME

10:00 – 10:45

OPENING SPEECHES

- Dr Heidrun Thaiss, Director, Federal Centre for Health Education (BZgA), Germany
- Dr Gunta Lazdane on behalf of Dr Zsuzsanna Jakab, WHO Regional Director for Europe
- Julia Krieger, Federal Ministry of Family Affairs, Senior Citizens, Women and Youth, Germany
- Ines Perea, Federal Ministry of Health, Germany

10:45 – 11:15

KEYNOTE

**Improving sexual health and sexual well-being of young people in the WHO European Region**

Dr Gunta Lazdane, WHO Regional Office for Europe (WHO/Europe)

11:15 – 12:15

PRESENTATION OF RESEARCH RESULTS AND DISCUSSION

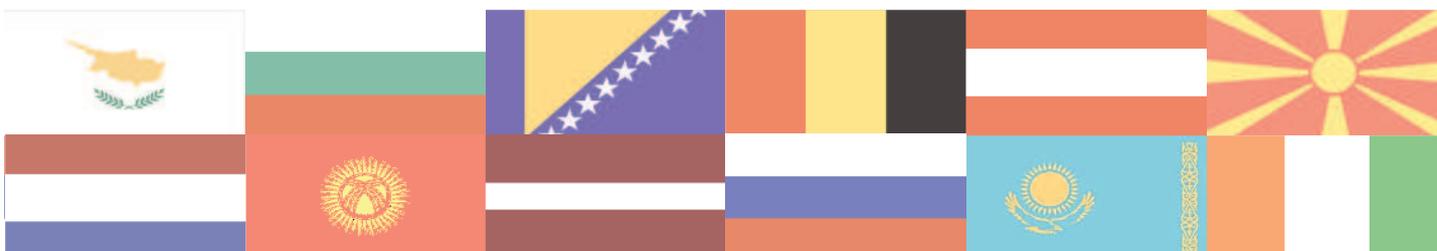
**Sexuality education in Europe and Central Asia: state of the art and recent developments**

Federal Centre for Health Education (BZgA), Germany

International Planned Parenthood Federation European Network (IPPF EN)

12:15 – 13:15

LUNCH



13:15 – 15:00

PARALLEL SESSIONS (1)

Sexuality education:

approaches for specific target groups and settings

Presentation and discussion of research results and practice examples from all over the Region

15:00 – 15:30

COFFEE BREAK

15:30 – 17:15

PARALLEL SESSIONS (2)

Sexuality education:

principles, structures, research

Presentation and discussion of research results and practice examples from all over the Region

17:15 – 17:45

VISUALIZED - REFLECTIONS AND KEY FINDINGS OF THE DAY

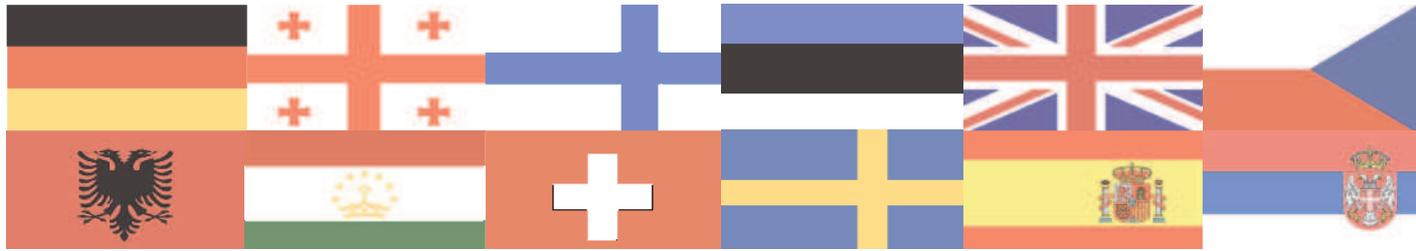
17:45

END OF DAY 1

20:00

JOINT DINNER

PROGRAMME



DAY 2

# Tuesday, 16 May 2017

## FUTURE DEVELOPMENTS

08:30 – 09:00 ARRIVAL

09:00 – 09:30

NEW PRACTICE FROM ACROSS THE EUROPEAN REGION

**Sexuality education goes online: learning, blogging, advocating**

**Edutainment videos: production and promotion in Eastern Europe and Central Asia**

Yulia Plakhutina, UNESCO Institute for Information Technologies in Education (IITE),  
Region: Eastern Europe and Central Asia

**IFMA's work with webinars on sexual orientation and gender identity and expression**

Pepe Ferrer Arbaizar, International Federation of Medical Students Associations (IFMSA)

**Sexuality education on youtube targeted at young people in Romania**

Adriana Radu, vlogger and journalist (SEX vs STORK), Romania

**The global CSE advocacy hub: uniting CSE advocates under one virtual roof**

Petar Mladenov, coordinator of the global CSE advocacy hub, Bulgaria

09:30 – 10:15

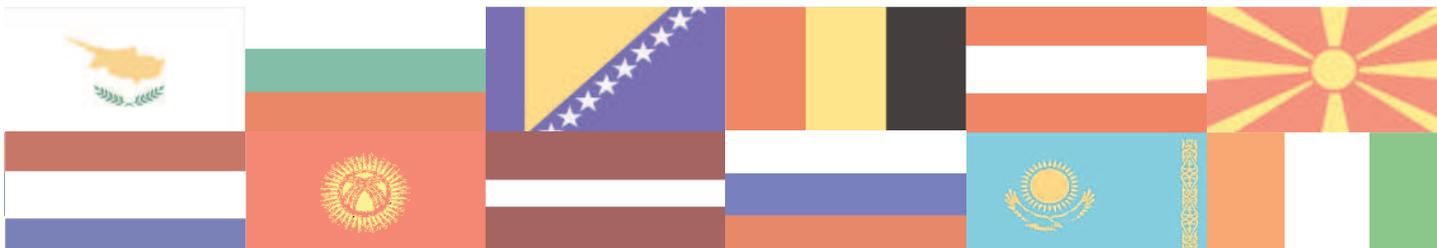
KEYNOTE

**Young people and the use of online media: implications for sexuality education**

Prof Nicola Döring, Ilmenau University of Technology, Germany

10:15 – 10:45

COFFEE BREAK



10:45 – 12:00

## FISHBOWL DISCUSSION

**Making use of online media: strategies for sexuality education programmes**

- Prof Nicola Döring, Ilmenau University of Technology, Germany
- Dr Silja Matthiesen, Medical Center Hamburg-Eppendorf, Germany
- Yulia Plakhutina, UNESCO Institute for Information Technologies in Education (IITE), Region: Eastern Europe and Central Asia
- Adriana Radu, vlogger and journalist (SEX vs THE STORK), Romania

12:00 – 13:00

## LUNCH

13:00 – 15:00

## WORLD CAFÉ

**Joint commitment: strategies and approaches to address diversity of opinion across the European Region**

Introduction:

Dr Gunta Lazdane, WHO Regional Office for Europe (WHO/Europe)

15:00 – 15:30

## SUMMARY OF THE CONFERENCE

**Looking back and moving forward: concluding discussion with representatives of the European Expert Group on Sexuality Education and the youth delegation**

- Sharafdzhon Boborakhimov, Y-PEER
- Rune Brandrup, UNFPA Regional Office for Eastern Europe and Central Asia
- Joanna Herat, UNESCO
- Dr Gunta Lazdane, WHO Regional Office for Europe (WHO/Europe)
- Lena Luyckfasseel, IPPF European Network
- Simone Reuter, Sherwood Forest Hospitals, NHS Foundation Trust, United Kingdom
- Eckhard Schroll, Federal Centre for Health Education (BZgA), Germany

## CLOSING REMARKS AND FAREWELL

Eckhard Schroll, Federal Centre for Health Education (BZgA), Germany

15:30 END OF CONFERENCE

PROGRAMME

# KEYNOTES AND PRESENTATION

MONDAY, 15 MAY 2017, 10:45 – 11:15

## Improving sexual health and sexual well-being of young people in the European Region

*Dr Gunta Lazdane, Programme Manager Sexual and Reproductive Health, WHO/Europe*

The development of the *Action Plan for Sexual and Reproductive Health: towards achieving the 2030 Agenda for Sustainable Development in Europe – leaving no one behind*, adopted by the 66th session of the WHO Regional Committee for Europe in 2016, required detailed analysis of available information about sexual health in the 53 Member States of the WHO Regional Office for Europe.

Available information on the sexual health status of young people in the European Region confirms that most use condoms and in several European countries teenage birth rates are among the lowest in the world. However, there is a big discrepancy among and within countries in relation to sexual health indicators, including sexually transmitted infections, HIV and sexual violence as well as access to sexuality education, contraception and safe abortion.

International policies and guidance assist WHO Member States to become countries where young people are enabled and supported in achieving the full potential of their sexual health and well-being; a region where their human rights related to sexual and reproductive health are respected, protected and fulfilled.

TUESDAY, 16 MAY 2017, 09:30 – 10:15

## Young people and the use of online media: implications for sexuality education

*Prof Nicola Döring, researcher, Institute of Media and Communication Science, Ilmenau University of Technology, Germany*

Young people today are often characterized as „digital natives“ who have been growing up with online media – using it constantly and competently. Is that true, though? What do we know about the prevalence and patterns of online media use among young people in the WHO European Region? Which differences and similarities between countries and genders are important to note?

One of the many purposes of young people's online media use is sexuality education: Adolescents of all genders are increasingly using the Internet to find information about sexuality and sexual health. Based on the current state of research different aspects of the sexuality-related online search behaviour of adolescents are described: its prevalence, predictors, modes, topics and contexts. It is demonstrated which sexuality-related content adolescents find if they search the Internet for sexual advice. This raises many questions regarding the quality of online sexuality education and its effects on young people in the WHO European Region.

MONDAY, 15 MAY 2017, 11:15 – 12:15

## Sexuality education in Europe and Central Asia: state of the art and recent developments

### **Federal Centre for Health Education (BZgA), Germany**

*Laura Brockschmidt, Scientific Officer, International Relations*

*Angelika Hessling, Head of Unit, National and International Cooperation, Research and Training*

*Ilona Renner, Scientific Officer, National and International Cooperation, Research and Training*

### **International Planned Parenthood Federation European Network (IPPF EN)**

*Lena Luyckfasseel, Director Programme and Performance*

*Irene Donadio, Manager Public Affairs*

### **Research consultants**

*Olena Ivanova, researcher, Ludwig-Maximilians-Universität (LMU), Germany*

*Dr Evert Ketting, consultant, the Netherlands*

### **Representatives of selected individual countries within the European Region and the youth delegation**

*Aziza Hamidova, UNFPA Country Office Tajikistan, Tajikistan*

*Brunilda Hylviu, Albanian Centre for Population and Development, Albania*

*Hans Olssen, Swedish Association for Sexuality Education (RFSU), Sweden*

*Dr Kai Part, University of Tartu, Estonia*

*Ana Rizescu, YouAct, youth delegation*

The Federal Centre for Health Education and the IPPF European Network jointly developed an up-to-date overview on the status of sexuality education in 24 countries of the WHO European Region. The cooperation was supported by two research consultants.

The overall conclusion of the research findings is that the majority of surveyed countries have basic elements of sexuality education in schools. The curriculum development, implementation, monitoring and evaluation processes differ across the region as well as within individual countries.

Following an introduction of BZgA and IPPF EN, Dr Evert Ketting and Olena Ivanova will present the main findings of the research and introduce country examples across the region. Illustrating and discussing the results of scientific research in the field of sexuality education with decision makers, educational sector and main beneficiaries – young people – is an important component for its successful promotion and implementation. In the last part of the session country representatives and young people will reflect on and discuss the main findings of the current update on the status of sexuality education in the WHO European Region.

Monday, 15 May 2017

**13:15 – 15:00**

## **PARALLEL SESSIONS (1)**

Presentation and discussion of research results and practice examples from all over the Region  
Sexuality education: approaches for specific target groups and settings

# **Sexuality education: approaches for specific target groups and settings**

SESSION 1 on sexuality education in kindergarten

Chair: Mirjam Tomse, Federal Centre for Health Education (BZgA), Germany

SESSION 2 on sexuality education in primary school

Chair: Ineke Van der Vlugt, Rutgers, the Netherlands

SESSION 3 on sexuality education in secondary school

Chair: Lena Luyckfasseel, International Planned Parenthood Federation European Network (IPPF EN), Belgium

SESSION 4 on sexuality education in multicultural groups

Chair: Thomas Demyttenaere, Sensoa, Belgium

SESSION 5 on sexuality education for children and young people with cognitive/intellectual disabilities

Chair: Prof Lotta Löfgren-Martenson, Malmö University, Sweden

SESSION 6 on sexuality education and programmes for parents

Chair: Dr Katie Newby, Coventry University, United Kingdom

## Session 1 on sexuality education in kindergarten

**Chair:** Mirjam Tomse, Federal Centre for Health Education (BZgA), Germany

Children's sexuality is different from that of adolescents and adults. Sexual development is a sensitive, life-long journey. Attitudes adopted in childhood can strongly influence sexuality later in life. The aim of this session are to identify challenges related to the implementation of sexuality education for young children and find strategies and approaches to address them; develop an understanding of the current state of comprehensive sexuality education (CSE) in kindergartens; and present research and examples of good practice.

### **Why should we start as young as possible with sexuality education?**

Sanderijn van der Doef, consultant sexual and reproductive health, the Netherlands

### **Research, trends, agreements and practices of young children's sexuality education in Finland**

Raisa Cacciatore, Family Federation of Finland/Väestöliitto, Finland

### **Presentation of good practice from Germany: The Kindergartenbox – discover, look, feel! [Kindergartenbox – Entdecken, schauen, fühlen! ]**

Mirjam Tomse, Federal Centre for Health Education (BZgA), Germany

## Session 2 on sexuality education in primary school

**Chair:** Ineke Van der Vlugt, Rutgers, the Netherlands

This session will capture the most recent and important developments on comprehensive sexuality education (CSE) in primary schools in the European Region. Three country representatives from Denmark, the Netherlands and Albania, will show their good practices, main topics in the lesson packages and their experience with implementing CSE in primary schools. Important discussion points will also be the role of parents and the quality of teachers. The participants (frontrunners and starters) are encouraged to bring in their expertise and experiences.

### **The Week of SEX: a national campaign in Denmark: objectives and content, challenges and lessons learned**

Lone Smidt, Sex & Samfund, Denmark

### **The Week of Spring Fever: a national campaign in the Netherlands – approach and objectives, collaboration and research**

Elsbeth Reitzema, Rutgers, the Netherlands

### **Implementing sexuality education in the formal curriculum for 10 – 12 year olds: cross-curriculum development and work with parents**

Brunilda Hylviu, Albanian Centre for Population (ACPD), Albania

## Session 3 on sexuality education in secondary school

**Chair:** Lena Luyckfasseel, International Planned Parenthood Federation European Network (IPPF EN)

A youth-adult panel presents their strategies and models for delivering and enabling comprehensive sexuality education (CSE) in secondary schools. As adolescence coincides with young people's transition to adulthood, secondary schools provide a crucial opportunity to enable and promote a positive and holistic approach to sexuality education. Panellists will illustrate examples on how parents, peers, community, religion and culture are entry points to advance CSE, while factoring in and addressing their specific national context.

### **Good practice from Denmark: targeting stakeholders in a supportive environment: discussing the youth volunteer experience**

Mia Lone Sorenson, Danish Family Planning Association (DFPA), Denmark

Anja Pedersen, International Planned Parenthood Federation European Network (IPPF EN)

### **Good practice from Bosnia and Herzegovina: fostering a supportive environment for CSE delivery in secondary schools - discussing the impact and significance of non-formal peer education**

Fedja Mehmedovic, Association XY, Bosnia and Herzegovina

Kerim Dževlan, Association XY, Bosnia and Herzegovina

### **Good practice from Kyrgyzstan: the youth volunteer experience**

Bula Anarbekova, Reproductive Health Alliance of Kyrgyzstan (RHAK), Kyrgyzstan

## Session 4 on sexuality education in multicultural groups

**Chair:** Thomas Demyttenaere, Sensoa, Belgium

There is a clear increase in the need for support and interest in sexuality education for young people with migration background. The general feedback from educators is that sexuality education in multicultural groups can be challenging - there are taboos, shame, prejudice and differences in sexual culture and language. A central question is: 'How do we have an open conversation on sexuality with a multicultural group of young people?' In this session, innovative tools, good practices and theoretical frameworks will be presented and discussed.

### **Intersectionality: theory and application in sexuality education in young multicultural groups**

Evelien Luts, Jong & Van Zin, Belgium

### **Zanzu: a new multilingual website on sexual and reproductive health and rights for migrants and professionals**

Thomas Demyttenaere, Sensoa, Belgium

### **"I felt happy, shy and curious" (17-year-old boy): pedagogical material for sexuality education in simple Swedish with adapted methods to meet the needs of migrants and professionals**

Hans Olsson, Swedish Association for Sexuality Education (RFSU), Sweden

### **"komm auf Tour" ("come on tour"): life-planning and gender-sensitive career guidance for adolescents**

Christin Krajewski, Federal Centre for Health Education (BZgA), Germany

## Session 5 on sexuality education for children and young people with cognitive/intellectual disabilities

**Chair:** Prof Lotta Löfgren-Martenson, Malmö University, Sweden

This session gives an overview on different ways of conducting sexuality education with children and young people with cognitive/intellectual disabilities in three different European countries. The aim of the session is to increase the knowledge on the subject, as well as making the target group more visible.

**I want to do it right!": a pilot study on experiences of young people with intellectual disabilities in Sweden**  
Prof Lotta Löfgren-Martenson, Malmö University, Sweden

**Research from Switzerland: sexuality education for youth with intellectual disabilities in integrated and separated schools**

Marina Costa, Lust und Frust - Counselling institution for sexuality education, Switzerland

**"The Right for Love": sexuality education for young people (18+) with learning disabilities – needs assessment, education materials and training**

Iryna Skorbun, Women Health and Family Planning Foundation, Ukraine

## Session 6 on sexuality education and programmes for parents

**Chair:** Dr Katie Newby, Coventry University, United Kingdom

The aim of this session is to

- 1) introduce and discuss pertinent issues relating to programmes on sexuality for parents for instance, what do they achieve: can we measure this and who participates?
- 2) provide attendees with tangible ideas for practice to take back to their organisations. Following an introduction to session themes by the chair, three speakers will provide examples of practice from across Europe. Distinctions will be drawn in terms of the different approaches.

**Engaging parents in sex and relationship education: political and methodological considerations**

Dr Pam Alldred, Brunel University London/Sex Education Forum, United Kingdom

**The EU project "ASK": an inclusive approach to sexual and relationship education in the home environment**

Iveta Kelle, Latvia's Association for Family Planning and Sexual Health, Latvia

**A local programme for parents: what should we tell children about relationships and sex?**

Felicity Hawke, Mothers' Union Diocese of Coventry, United Kingdom

MONDAY, 15 MAY 2017

15:30 – 17:15

## PARALLEL SESSIONS (2)

Presentation and discussion of research results and practice examples from all over the Region  
Sexuality education: principles, structures, research

## Sexuality education: principles, structures, research

SESSION 1 on linkages of sexuality education to health and counselling services

Chair: Dr Gunta Lazdane, Programme Manager Sexual and Reproductive Health, WHO/Europe

SESSION 2 on the training of sexuality educators and the development of training materials

Chair: Olaf Kapella, Austrian Institute for Family Studies, University of Vienna, Austria

SESSION 3 on evaluating sexuality education

Chairs:

Prof Kristien Michielsen, International Centre for Reproductive Health, Belgium

Dr Evert Ketting, consultant, the Netherlands

SESSION 4 on the implementation of sexuality education programmes in resource-poor settings

Chair: Rune Brandrup, UNFPA Regional Office for Eastern Europe and Central Asia (UNFPA/EECARO)

SESSION 5 on addressing sexual diversity and gender roles in sexuality education

Chair: Doortje Braeken, senior consultant, the Netherlands

SESSION 6 on the prevention of gender-based violence and sexual abuse in schools

Chair: Tigran Yepoyan, UNESCO Institute for Information Technologies in Education (IITE),

Region: Eastern Europe and Central Asia

## Session 1 on linkages of sexuality education to health and counselling services

**Chair:** Dr Gunta Lazdane, Programme Manager Sexual and Reproductive Health, WHO/Europe

The role of the health system and health services (in schools, youth friendly health services, primary health services) in providing sexuality education as well as broader intersectorial collaboration will be discussed. Diversity of the European Region will be described. Youth representatives from different parts of the Region are invited to share their vision of the linkages between sexuality education and health services.

### **Schools for Health in Europe (SHE): promoting health and strengthening collaboration in the area of sexuality education**

Dr Martin Weber, Programme Manager Child and Adolescent Health and Development, WHO Regional Office for Europe

### **Youth friendly health centres (YFHC) in Estonia: an excellent example of collaboration between education and health services.**

Dr Kai Part, University of Tartu, Estonia

### **The vision of youth regarding the linkages of sexuality education with health system and services**

Youth delegates

## Session 2 on the training of sexuality educators and the development of training materials

**Chair:** Olaf Kapella, Austrian Institute for Family Studies, University of Vienna, Austria

Training of sexuality educators enables them to deliver high quality education. In this session, a new framework on the core competencies of sexuality educators will be introduced. The framework was developed by the WHO Regional Office for Europe and BZgA jointly with the European Expert Group on Sexuality Education. For further discussion on training of educators and the development of training materials, examples from two countries of the Region will be presented.

### **Training matters: a framework for core competencies of sexuality educators**

Laura Brockschmidt, Federal Centre for Health Education (BZgA), Germany  
Olaf Kapella, Austrian Institute for Family Studies, University of Vienna, Austria

### **The Sensoa flag system: a tool for interpreting and reacting to sexual behaviour of children and young people**

Wannes Magits, Sensoa, Belgium  
Ineke Van der Vlugt, Rutgers, the Netherlands

### **Sexuality education at university: enabling future teachers to work with a human rights - based approach adapted to situation and target group**

Prof Daniel Kunz, Lucerne School of Social Work, Switzerland

## Session 3 on evaluating sexuality education

### **Chairs:**

Prof Kristien Michielsen, International Centre for Reproductive Health at the Ghent University (ICRH), Belgium  
Dr Evert Ketting, consultant, the Netherlands

The aim of the session is to align the evaluation needs of different stakeholder (policy-makers, programme implementers and researchers), at the same taking into account the main characteristics of sexuality education programmes. Policy-makers ask for proof that such programmes improve public health indicators, but comprehensive and holistic programmes cannot only be evaluated in that way; their programme and implementation quality should also be evaluated in terms of relevance and appreciation by learners.

### **Evaluating holistic sexuality education: an urgent need and suggestions for new approaches**

Prof Kristien Michielsen, International Centre for Reproductive Health at the Ghent University (ICRH), Belgium

### **International technical guidance on sexuality education: the rationale for sexuality education**

Joanna Herat, United Nations Educational, Scientific and Cultural Organization (UNESCO)

### **Sexuality education in Finland: its impact on adolescent sexual and reproductive health in the past decades**

Dr Dan Apter, VL-Medi, Finland

## Session 4 on the implementation of sexuality education programmes in resource-poor settings

**Chair:** Rune Brandrup, UNFPA Regional Office for Eastern Europe and Central Asia (UNFPA/EECARO)

The session looks at ways to improve sexuality education by advocating for improvements in the governing framework, using economic arguments and showcasing in-country examples of sexuality education. The session also looks at opportunities for improvements within existing frameworks by focusing on the technical aspects of sexuality education. The aim is to catalogue ideas to improve sexuality education from a policy perspective-building on the combined experiences of session participants.

### **Health economics for sexuality education: the use of economics in advocacy for political commitment and funding for sexuality education**

Dr Jari Kempers, consultant, the Netherlands

### **Piloting bottom-up approaches on sexuality education in school in an adverse policy environment: getting stakeholders on board and gaining experience**

Anna Susarenco, Peer-to-Peer Education Network, Moldova

### **Key technical interventions, suggestions and strategies to improve sexuality education: experiences from Turkey**

Prof Fatma Bıkmaz, University of Ankara, Turkey

## Session 5 on addressing sexual diversity and gender roles in sexuality education

**Chair:** Doortje Braeken, consultant, the Netherlands

In this session we will discuss the current situation of including sexual diversity and gender roles in comprehensive sexuality education programmes. We will also look at differences and similarities between countries. What have we achieved? What is needed to be able to implement the issue of sexual diversity in and outside the school setting? What is an enabling environment to implement the content?

We will share research data, using professional and personal examples showing how schools treat individuals from different genders and with different sexual preferences. Finally we will formulate recommendations for the future.

### **The role of gender and sexual diversity in the WHO/BZgA “Standards for Sexuality Education in Europe”**

Dr Christine Winkelmann, Federal Centre for Health Education (BZgA), Germany

### **The roots of phobia against sexual diversity: differences among and within countries and ways to address them**

Peter Dankmeijer, Global Alliance for LGBT Education (GALE)

### **Advocacy for respect and positive recognition from a youth perspective: sexual orientations, gender identities and gender expressions**

Ksenija Joksimovic, International Lesbian, Gay, Bisexual, Transgender and Queer Youth and Student Organisation (IGLYO)

## Session 6 on the prevention of gender-based violence and sexual abuse in schools

**Chair:** Tigran Yepoyan, UNESCO Institute for Information Technologies in Education (IITE),  
Region: Eastern Europe and Central Asia

The session aims to explore and discuss how the sexuality education curriculum, teaching resources and training work together in addressing gender-based violence in school. Presenters will also share practical experience on curricula approaches, extracurricular activities and special interventions in addressing this issue holistically. Key findings from research work on gender-based violence in and around schools and recommendations provided in the Global Guidance: Addressing School-Related Gender-Based Violence (2016) report will be presented.

### **The role of curriculum, teaching resources and training in addressing school-related gender-based violence**

Tigran Yepoyan, UNESCO Institute for Information Technologies in Education (IITE),  
Region: Eastern Europe and Central Asia

### **Relationships, sexual health and parenthood education (RSHP) and national approach to anti-bullying to address gender-based violence in schools in Scotland**

Suzanne Hargreaves, Education Scotland, United Kingdom

### **Good practice from Germany: The national initiative on the prevention of sexual child abuse “Trau dich!”**

Stefanie Amann, Federal Centre for Health Education (BZgA), Germany

# STANDARDS FOR SEXUALITY EDUCATION IN EUROPE

A FRAMEWORK FOR POLICY MAKERS,  
EDUCATIONAL AND HEALTH AUTHORITIES AND SPECIALISTS

In their jointly developed framework Standards for Sexuality Education in Europe, the WHO Regional Office for Europe, the Federal Centre for Health Education (BZgA) and the members of the European Expert Group on Sexuality Education introduce the concept of holistic sexuality education and offer a concrete overview that shows which topics sexuality education in European countries should entail, ordered according to age groups.

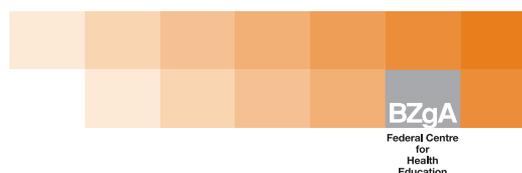
The publication is targeted at policy makers as well as educational and health authorities and other specialists working in these fields. In the countries themselves they are meant to serve as a guideline for the introduction of a holistic sexuality education. They provide practical support and guidance for the elaboration of suitable curricula whilst also furnishing the arguments and rationale for the introduction of such a holistic sexuality education in each country.

The Standards are based on a positive interpretation of sexuality which is regarded as a natural part of human development and a central aspect of human being throughout life. Such topics as HIV/AIDS, unwanted pregnancies and sexual violence are embedded in an all-embracing education that focuses on the self-determination of the individual and people's responsibility for themselves and others. Holistic sexuality education gives children and young people unbiased, scientifically correct information on all aspects of sexuality and, at the same time, helps them to develop the skills to act upon this information. It hence prevents sexual ill health and:

- supports children in getting aware of their own limits and in being able to communicate these,
- supports children and young people to make self-determined and respectful choices and to communicate these, and
- supports children and young people in developing respectful and tolerant attitudes, which are a prerequisite for an equitable and just society.

The Standards are available for download in eleven languages:

<http://www.bzga-whocc.de/en/publications/standards-in-sexuality-education/>



WHO Regional Office for Europe  
and BZgA

Standards for  
Sexuality Education  
in Europe

*A framework  
for policy makers,  
educational and health authorities  
and specialists*



EUROPE

BZgA wishes to thank the members of the international expert group on sexuality education in Europe and others for their guidance and support in preparation of this conference.

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